

July, Aug., Sept.  
2016

## "Pass It On" A Prevention Newsletter

### In This Issue:

- **Articles of Interest**
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  - \* Who's Watching Your Child
  - \* Talking To Your Kid About Marijuana, Alcohol and A Healthy Lifestyle
  - \* Marijuana Use Across the Nation
- **Local Duval County Events**
- **Gateway's Northeast Florida KKDF Prevention Center**

"KEEP KIDS DRUG FREE" receives a portion of the revenues from the sale of the State of Florida KEEP KIDS DRUG FREE specialty license plate. These funds assist alcohol, tobacco, and other drug abuse prevention programs throughout Florida. The goal is to support families and communities in their goal to be healthy and dynamic.

Click tag below for info. and to order



[www.KKDF.org](http://www.KKDF.org)

## GATEWAY COMMUNITY SERVICES, INC.



The Prevention Newsletter, "Pass It On," will update readers on timely prevention news, statistical information, upcoming events, and articles of interest for adults and adolescents. We hope you will find it informative and interesting.

### By Supporting [National Health Observances](#), you can:

- Educate the public about health risks
- Organize successful health promotion events and campaigns
- Get new ideas, information and resources on health topics of interest

#### **World Hepatitis Day July 28**

World Hepatitis Alliance  
Materials Available  
Contact: Bridie Taylor  
[contact@worldhepatitisalliance.org](mailto:contact@worldhepatitisalliance.org)  
[www.worldhepatitisday.info](http://www.worldhepatitisday.info)

#### **Juvenile Arthritis Awareness Month July 1– 31**

Arthritis Foundation  
(800) 283-7800  
Materials Available  
Contact: Katie Bitner  
[aforders@arthritis.org](mailto:aforders@arthritis.org)  
[www.arthritis.org/arthritis-facts/disease-center/juvenile-arthritis.php](http://www.arthritis.org/arthritis-facts/disease-center/juvenile-arthritis.php)

#### **National Health Center Week August 7—13**

World Hepatitis Alliance  
Materials Available  
Contact: Bridie Taylor  
[contact@worldhepatitisalliance.org](mailto:contact@worldhepatitisalliance.org)  
[www.worldhepatitisday.info](http://www.worldhepatitisday.info)

#### **Natl. Immunization Awareness Month August 1– 31**

National Center for Immunization and Respiratory Diseases Centers for Disease Control and Prevention  
(800) 232-4636 English/Spanish  
Materials Available  
Contact: None Designated  
[www.cdc.gov/vaccines/events/niam/default.htm](http://www.cdc.gov/vaccines/events/niam/default.htm)

#### **National Family Day Sept. 26**

The National Center on Addiction and Substance Abuse  
(212) 841-5286  
Materials Available  
Contact: Elizabeth Mustacchio  
[familyday@centeronaddiction.org](mailto:familyday@centeronaddiction.org)

#### **National Recovery Month Sept. 1– 30**

Substance Abuse and Mental Health Services Administration  
(877) 726-4727  
Materials Available  
Contact: None Designated  
[SAMHSAInfo@samhsa.hhs.gov](mailto:SAMHSAInfo@samhsa.hhs.gov)  
[www.recoverymonth.gov](http://www.recoverymonth.gov)

*Keep Kids Drug Free—Like us on Facebook*

<http://www.facebook.com/KeepKidsDrugFreeFoundationInc>

## Articles of Interest

### Dangerous “Super Pill”

Prescription pain killer drugs such as Xanax, Oxycodone and Percocet are being mixed with deadly amounts of fentanyl and is being called the new “Super Pill”. Sold illegally on the street, the “Super Pill” looks just like legal prescription pills and can quickly lead to death for users.

Central Florida and the Tampa Bay area are the main locations where the new illegal drug has been found but Attorney General Pam Bondi warns that the issue needs to be discussed across the State.

“Please, please, please just talk to your kids about it,” she said. “Don’t take anything if you don’t know what it is, because when they are cutting it with fentanyl some of these kids are dying within seconds. I say kids, but some of them are in their 20s and older.”

When prescribed legally, fentanyl is a pain medication stronger than morphine and is given to people dealing with severe, chronic pain.

At least 10 deaths in Florida have been linked to the use of fentanyl-cut drugs.

Use the below link to view a video posted April 5, 2016 by Melodi Smith, Meltimedia Journalist.

<http://www.clickorlando.com/news/super-pill-found-in-central-florida-authorities-say>

### Marijuana Use Across the Nation

Marijuana continues to rank first among the most used illicit drugs in the United States, according to SAMHSA's 2014 National Survey on Drug Use and Health. Marijuana use was most prevalent among people age 18 to 25. Among youth, heavy cannabis use is associated with cognitive problems and increased risk of mental illness. To learn more about marijuana and its current effects on the Nation, follow the below link.

<http://www.samhsa.gov/atod/cannabis>

### Who’s Watching Your Child

More than 25 percent of child protective investigations last year involved a non-relative caregiver as the alleged perpetrator.

The “Who’s Really Watching Your Child?” campaign brings together child care providers, child welfare professionals, medical physicians and state agencies to help provide safe environments for Florida's children. Parents are encouraged to know the backgrounds and parenting skills of anyone who is watching their children.

There are many resources around the state that help parents provide safe, loving environments for their children. Follow the below link and select your county to locate information and programs in your area.

[http://www.dcf.state.fl.us/programs/childwelfare/whos\\_watching/search.asp](http://www.dcf.state.fl.us/programs/childwelfare/whos_watching/search.asp)

### Talking To Your Kids About Marijuana, Alcohol and A Healthy Lifestyle

Youth and young adults are continually exposed to a shifting and growing list of dangerous consumable substances, such as marijuana, synthetic marijuana, alcohol, cigarettes, e-cigarettes, prescription opiates, and illicit drugs like heroin and cocaine. At the same time, young people are at risk for a substantial number of chronic disease risks, such as physical inactivity, unhealthy eating, inadequate sleep, and uncontrolled daily stress, leading to heart disease, stroke and cancer.

To aid parents/guardians in talking with young people about these risks, please follow the below link.

<http://preventionpluswellness.com/2016/06/how-to-give-short-pep-talks-to-your-kids-about-marijuana-alcohol-and-living-a-wellness-lifestyle/>

### Local Events July

<p><b>Jacksonville Farmer’s Market</b>  <b>Year Round 6am—3pm</b>                  1810 W. Beaver St.                  For more info.  <a href="http://jaxfarmersmarket.com/">http://jaxfarmersmarket.com/</a></p>	<p><b>Beaches Green Market</b>  <b>Every Saturday 2pm—5pm</b>  <b>Rain or Shine</b>                  Jarboe Park, Neptune Beach                  For more info.  <a href="http://www.beacheslocalfoodnetwork.org/Pages/BeachesGreenMarket.aspx">http://www.beacheslocalfoodnetwork.org/Pages/BeachesGreenMarket.aspx</a></p>	<p><b>Jax Downtown Art Walk</b>  <b>1st Wednesday Monthly</b>  <b>5pm—9pm, Rain or Shine</b>                  Hemming Park, 135 W. Monroe St.                  Over 59+ participating venues                  For more info...  <a href="http://jacksonvilleartwalk.com/">http://jacksonvilleartwalk.com/</a></p>
<p><b>\$5 Fridays @ the MOSH</b>  <b>(Museum of Science &amp; History)</b>  <b>10am—8pm</b>                  For more info and additional events....  <a href="http://www.themosh.org/">http://www.themosh.org/</a></p>	<p><b>Construction Job Career Fair</b>  <b>July 12th, 1pm—4pm</b>                  Jax Main Library                  303 N. Laura St.                  Registration encouraged.                  For more info...  <a href="http://www.coj.net/departments/military-and-veterans-affairs/events/all-events/construction-job-career-fair">http://www.coj.net/departments/military-and-veterans-affairs/events/all-events/construction-job-career-fair</a></p>	<p><b>No More Homeless Pets</b>  <b>Adoption Event</b>  <b>July 15—17, 10am—6pm</b>                  Jacksonville Fairgrounds                  510 Fairgrounds Place                  For more Info...  <a href="http://www.fcnmhp.org/show-you-care/adopt-a-pet/">http://www.fcnmhp.org/show-you-care/adopt-a-pet/</a></p>
<p><b>Jax Community &amp; Family Awareness Expo</b>  <b>July 16th., 11am—6pm</b>                  Jax Ice &amp; Sportsplex                  3605 Phillips Hwy.                  For more Info...  <a href="http://www.beaucoreevents.com/">http://www.beaucoreevents.com/</a></p>	<p><b>Seniors Annual Health Fair</b>  <b>July 22nd, 10am—12pm</b>                  Sundale Manor Apartments                  3505 Corby St.</p>	<p><b>2016 Vestcor 5K Bridges Run</b>  <b>July 23rd., 6:30pm to 8:30pm</b>                  The Jacksonville Landing                  Event time 7pm, Register Online                  For more Info...  <a href="http://www.1stplacesports.com/vestcor.html">http://www.1stplacesports.com/vestcor.html</a></p>
<p><b>Millennials and Mental Health with WJCT's Gen Listen &amp; Stronger Than Stigma</b>  <b>July 27th, 6:00pm</b>                  WJCT                  100 Festival Park Avenue                  For more Info...  <a href="http://jacksonville.eventful.com/events/millennials-and-mental-health-wjcts-gen-lis-/E0-001-094785115-5">http://jacksonville.eventful.com/events/millennials-and-mental-health-wjcts-gen-lis-/E0-001-094785115-5</a></p>	<p><b>JSO Shadco Safety Fair</b>  <b>July 30th, 9am—1pm</b>                  Hemming Plaza                  117 W. Duval St.  <a href="http://www.coj.net/departments/sheriffs-office/events/all-events/2016-zone-1-safety-fair">http://www.coj.net/departments/sheriffs-office/events/all-events/2016-zone-1-safety-fair</a></p>	<p><b>Wal-Mart Back To School Fest</b>  <b>July 30th, 10am—1pm</b>                  Jacksonville Landing                  For more Info...  <a href="http://www.jacksonvillelanding.com/events/wal-mart-back-2-school-fest?on=2012-07-28#.V4Ozncvru1s">http://www.jacksonvillelanding.com/events/wal-mart-back-2-school-fest?on=2012-07-28#.V4Ozncvru1s</a></p>

### Local Events August

<p><b>Jacksonville Farmer’s Market Year Round 6am—3pm</b> 1810 W. Beaver St. For more info. <a href="http://jaxfarmersmarket.com/">http://jaxfarmersmarket.com/</a></p>	<p><b>Beaches Green Market Every Saturday 2pm—5pm Rain or Shine</b> Jarboe Park, Neptune Beach For more info. <a href="http://www.beacheslocalfoodnetwork.org/Pages/BeachesGreenMarket.aspx">http://www.beacheslocalfoodnetwork.org/Pages/BeachesGreenMarket.aspx</a></p>	<p><b>Jax Downtown Art Walk 1st Wednesday Monthly 5pm—9pm, Rain or Shine</b> Hemming Park 135 W. Monroe St. Over 59+ participating venues For more info... <a href="http://jacksonvilleartwalk.com/">http://jacksonvilleartwalk.com/</a></p>
<p><b>Senior Prom Aug. 5th</b> Prim Osborn Center For more Info call 630-7392 <a href="http://www.coj.net/departments/special-services/senior-services/mayor-s-special-events-for-senior-citizens/senior-prom.aspx">http://www.coj.net/departments/special-services/senior-services/mayor-s-special-events-for-senior-citizens/senior-prom.aspx</a></p>	<p><b>Body Language 101 A Free Workshop Aug. 5th, 5:30pm</b> 1001 Kings Ave. 3rd Fl. For more info. <a href="http://jacksonville.eventful.com/events/free-workshop-body-language-101-/E0-001-094581914-6">http://jacksonville.eventful.com/events/free-workshop-body-language-101-/E0-001-094581914-6</a></p>	<p><b>Jaguars 5K Stadium Challenge Aug. 13th</b> 1 Everbank Field Dr. One Mile Fun Run @ 6:45pm For more info. <a href="http://www.jaguars.com/news/article-PressRelease/Second-annual-5k-Stadium-Challenge-set-for-August-13/0d2be474-110d-4ce0-8d3e-a0f61098ef71">http://www.jaguars.com/news/article-PressRelease/Second-annual-5k-Stadium-Challenge-set-for-August-13/0d2be474-110d-4ce0-8d3e-a0f61098ef71</a></p>
<p><b>Jacksonville Aviation Authority Annual Health &amp; Wellness Fair Aug. 24th, 9am—4pm</b> 14201 Pecan Park Rd., Administration Bldg.</p>	<p><b>Narcotics Anonymous First Coast Area Convention Aug. 26th—28th</b> Lexington Hotel &amp; Conference Center 1515 Prudential Dr. For more info. <a href="http://jacksonville.eventful.com/events/narcotics-anonymous-first-coast-area-conve-/E0-001-091888985-7">http://jacksonville.eventful.com/events/narcotics-anonymous-first-coast-area-conve-/E0-001-091888985-7</a></p>	

## Local Events September

<p><b>Jacksonville Farmer’s Market Year Round 6am—3pm</b> 1810 W. Beaver St. For more info. <a href="http://jaxfarmersmarket.com/">http://jaxfarmersmarket.com/</a></p>	<p><b>Beaches Green Market Every Saturday 2pm—5pm Rain or Shine</b> Jarboe Park, Neptune Beach For more info. <a href="http://www.beacheslocalfoodnetwork.org/Pages/BeachesGreenMarket.aspx">http://www.beacheslocalfoodnetwork.org/Pages/BeachesGreenMarket.aspx</a></p>	<p><b>Jax Downtown Art Walk 1st Wednesday Monthly 5pm—9pm, Rain or Shine</b> Hemming Park, 135 W. Monroe St. Over 59+ participating venues For more info... <a href="http://jacksonvilleartwalk.com/">http://jacksonvilleartwalk.com/</a></p>
<p><b>\$5 Fridays @ the MOSH (Museum of Science &amp; History) 10am—8pm</b> For more info and additional events.... <a href="http://www.themosh.org/">http://www.themosh.org/</a></p>	<p><b>Fall Arts &amp; Crafts Show Sept. 10th—11th Saturday 9am—5pm Sunday 10am—5pm Shrine Auditorium</b> 3800 St. Johns Bluff Rd. For more Info... <a href="http://www.neflshrinersshows.org/">http://www.neflshrinersshows.org/</a></p>	<p><b>5th Annual Flavor of Jacksonville Sept. 24th, 6pm—9pm WJCT Studio A</b> A taste of all things sweet and savory! An annual fundraising event to support the programs and services provided by Gateway. Community Services, Inc. <a href="https://www.gatewaycommunity.com/blog/category/news-events/">https://www.gatewaycommunity.com/blog/category/news-events/</a></p>
<p><b>JSO Shadco Safety Fair Sept. 24th, 10am—2pm River City Marketplace</b> 13000 City Station Drive <a href="http://www.coj.net/departments/sheriffs-office/events/all-events/2016-zone-1-safety-fair">http://www.coj.net/departments/sheriffs-office/events/all-events/2016-zone-1-safety-fair</a></p>		

Gateway's Northeast Florida Keep Kids Drug Free (KKDF) Prevention Center:

- Distribute educational material and resource information
- Supports and houses Gateway's Prevention Team
- training coordination
- innovative universal services.
- Implements evaluated and effective programming:
  - \* Project Success
  - \* Life Skills
  - \* Celebrating Families
  - \* Second Step
  - \* September Recovery Month

to name a few...

*The Northeast Florida  
Keep Kids Drug Free  
Resource Prevention  
Center Coordinator:  
Freda Colley  
904.387.3749 ext. 1601*

[fcolley@gatewaycommunity.com](mailto:fcolley@gatewaycommunity.com)

## GATEWAY COMMUNITY SERVICES, INC.

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555 Stockton Street  
Jacksonville, Florida 32204*



[www.gatewaycommunity.com](http://www.gatewaycommunity.com)  
[www.gatewayconnect.org/](http://www.gatewayconnect.org/)

## *Florida's Keep Kids Drug Free (KKDF) Regional Prevention Centers, in Partnership with NCI Systems, Inc.*

- \* Northeast Florida
- \* Central Florida
- \* Sun Coast
- \* East Central Florida
- \* South Florida
- \* Panhandle

- Regional Prevention Centers were established in 2000 as a response to the increasing need to put the best resources directly in the hands of Florida's prevention professionals.
- Modeled after the *Federal Centers for the Application of Prevention Technology (CAPPT)* and the *Texas Prevention Resource Centers (TPRC)*.
- Directly provides statewide coverage of Prevention/Outreach services, training, technical assistance, grants and funding guidance.
- Meets Governor's Drug Strategy Objectives.

### Keep Kids Drug Free Foundation's Mission Statement

The *Keep Kids Drug Free* Foundation's mission is to enhance the quality of life for Florida residents by investing in prevention to build healthier communities and families.



**Gateway Community Services, Inc. takes action against addiction through a wide variety of programs and services.** From prevention to transitional housing and clinical research, we have the understanding, care, facilities and know-how to help with every facet of the recovery process.

**Gateway Connect** is your complete online and phone counseling service, bringing technology to treatment.

If you, or someone you know, suffers from alcohol or drug addiction and related mental health issues, Gateway can help. Call us toll-free at **1.877.389.9966**. Call us today and together we will take action against your addiction.